OUR HISTORY NOT FROM SHACKLES

The Africanadian Magazine 2023

Special Edition

BLACK ENTREPRENEURS

PERSONALITY & LIFESTYLE

MANITOBA CELEBRATES

42ND ANNIVERSARY

CELEBRATING

BLACK EXCELLENCE



ENTERTAINMENT LIFESTYLE BUSINESS

WWW.AFRICANAD.CA



Rotimi Aluko

UNIVERSITY OF MANITOBA





ABOUT Africanad

The Africanad initiative started in Winnipeg in the spring of 2019 with Ayodele Odeyemi's Passion for identifying, celebrating, motivating and projecting achievers of African-Caribbean heritage in Canada.

VISION

To be a leading one-stop brand influencing organization that connects businesses, initiatives and communities together to collaboratively develop ideas profitably, and create opportunities and business platforms for Canadians, and especially for entrepreneurs and business of Canadians of African & Caribbean Descent.

MISSION

Develop business platforms, programs, and consumer solutions which ever-changing needs of clients.

CORE VALUES

- Wow: always create a lasting impression that motivates, support and attract consumer and clients.
- · Accountability: accurately giving stewardship of our actions
- Value: appreciate and respect everyone's uniqueness and worth
- Oneness: come together as one to promote our uniqueness and leverage our strengths



BUSINESS HUB

Our business growth and business development ambassadors strive to solve isolation and profit decline by helping registered members increase brand awareness and foster brand loyalty with diverse and prospective customers through the Africanad platform.



EVENTS

Annually, we have festivals that feature several cultures across Canada, business conferences with participants worldwide, sports competitions, food fairs, fashion exhibitions, and several other events celebrating achievers in all fields and diversity and unifies the community.



CELEBRATION

We illuminate diverse cultures, values and heritage while celebrating every dimension of achievement in business, entertainment, sports, fashion, immigration, law, and other events that feature in Africa, The Caribbean and Canada.



CONNECTING PEOPLE

Through building business synergies and resource networks, Africanad has successfully assisted local businesses and initiatives in Manitoba, West, and Central, and the Caribbean to create business expansion and synergies over the years through connecting people. These synergies have strengthened business relationships, deals, and developments through trade missions and explorative





WHY AFRICANAD?

We encourage and illuminate the peculiarity of Africans, Caribbeans, and Canadians. We embrace and celebrate cultures, lifestyles, languages, businesses, investments, fashion, music, art, religion, food, and other social norms and values.

While our generation must practice and grow the Africanad environment positively, it is equally our desire to pass a more celebrated heritage and environment of health, business, style, and life progressively to coming generations.









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Publisher's Note



Greetings to all our beloved Africanadians and Canadian compatriots. Another year has passed, and we are proud to have stood together. Today we present the maiden edition of The Africanadian Magazine, which serves as a commemorative brochure for Black History

At Africanad, we provide unique and creative content to uplift and reinvigorate confidence in Canadians' lives. Our mission is to connect and illuminate diverse cultures, values, and heritage while celebrating achievements in various fields.

We have launched multiple platforms and mediums, including our reality TV show "GIST WITH AFRICANADIANS" and our Afrobeat O'Canada celebration song. We also host festivals showcasing cultures from across Canada, international business conferences, sports competitions, food fairs, fashion exhibitions, and other events celebrating diversity and achievement.

Despite the downsides of the COVID-19 pandemic and economic instability, Africanad is relentlessly providing a top-notch, diverse platform to inform, entertain and educate our community. A few months ago, we released the film "Hidden Emotions," a true-life story of an Africanadian woman's journey through mental health challenges, to bring awareness and healing to those who needed it.

Moreso, we will launch the Africanad Directory and Africanad Market, which will be fully operational in the coming month. Africanad is committed to building capacity and leaving a legacy by providing customized backpacks, masks, and other student materials for our back-to-school programmes. We will also connect local businesses and initiatives in Manitoba, the West, Central Canada, and the Caribbean to create business expansion and collaboration.

This year, Africanad will celebrate black achievers of African-Caribbean origin through events and initiatives, including the 1st edition of the Africanadians, which is dedicated to celebrating the stories and achievements of black people worldwide.

Our magazine aims to showcase the black community's diversity, inclusion, resilience, and creativity and bring these stories to life in an informative and inspiring way. This edition of the Africanadian Magazine features interviews with trailblazing individuals and organizations, thought-provoking articles on current issues, and profiles of up-and-coming talents.

It also highlights initiatives and events shaping the black community's future and offers insights and advice on topics that matter to readers. The magazine is free and available in print and online, and the previous editions can also be downloaded from our website.

Finally, we want to seize this medium to tender our unreserved apology to the black community for the unavoidable scenario during the Christmas in Winterpeg celebration show that was meant to bring AY-MAKUN, ELENU, GORDON AND MC MORRIS host of other artists to come for a performance in Winnipeg; unfortunately, they couldn't make it as a result of the snow storm that grounded all flight coming from Ontario to Manitoba, we intended to give you a worthwhile show, but mother nature did not permit, we regret this. The event has been rescheduled, and we promise to bring the show to life in Winnipeg on July 21, 2023.

Thanks and God bless.

Odeyemi Ayodele, CEO, Africanad





PREMIER OF MANITOBA

Legislative Building Winnipeg, Manitoba R3C 0V8 CANADA

A MESSAGE FROM THE PREMIER

February 2023 marks Black History Month, an opportunity to recognize and honour the extraordinary contributions of Black people to our country and our province. Black History is truly Canadian History, and Black people have made remarkable contributions in every field of endeavour in Manitoba, including politics, business, and sports.

In December, all members of the Legislative Assembly came together to unanimously pass The Black History Month Act. This legislation strengthens our recognition of this important time as a province by setting it out in law for the first time. Under this law, February is a time for Manitobans to celebrate, reflect on past injustices, and have thoughtful conversations about our past and our future together.

I hope that Manitobans take the time this month to read the stories of the many Black people who have helped shape our province. People like Percy Haynes, a gifted musician and athlete who became the first Black man to serve in the Royal Canadian Navy, or Reverend Dr. Joseph T. Hill, who established what has become the oldest Black church in Winnipeg, Pilgrim Baptist Church. They have left an indelible mark on our great province.

The unwavering spirit and strength of Black people is evident everywhere in Manitoba. Black people continue to come from all over the world to make Manitoba home, and they continue to give so much back to our communities. As Premier of Manitoba, I am honoured every day to serve Manitobans alongside my friend and colleague Audrey Gordon, the first Black woman to serve as Minister of Health in Manitoba. Minister Gordon was born in Jamaica and immigrated to Winnipeg, where she became an accomplished civil servant and community leader before becoming the MLA for Southdale in 2019. She embodies the spirit of hard work and dedication that defines so much of Black history.

In closing, I want to thank you for the opportunity to celebrate Black History Month in Manitoba. I hope that you will take this time to continue to learn about, and be inspired by, the extraordinary contributions Black people have made to our province and our country.



The Honourable Heather Stefanson

Heather Fefanson







On behalf of the City of Winnipeg and my Council Colleagues, I would like to extend my warmest wishes to all Winnipeggers as we celebrate Black History Month.

This month is an opportunity to recognize the significant contributions Black Manitobans have made to the development of our city, and acknowledge those trailblazers who have led the way for future generations in fields as diverse as business, education, health care, the arts, science, and public service.

Diversity is one Winnipeg's greatest strengths as it brings life to our community, sparks innovation, fosters understanding, and makes us more resilient. Taking time to celebrate that diversity and recommit ourselves to the ongoing work of inclusion and equity is critically important.

I am honoured to participate in Black History Month and I hope you have the chance to get out and enjoy the exciting program of events the Black History Manitoba Celebration Committee has planned.

Sincerely,

Scott Gillingham

Mayor

The City of Winnipeg





Thank you for inviting me to share greetings for the 42nd annual acknowledgement of Black History Month here in Manitoba. Admittedly as a black man, there is still so much that I must learn to fully comprehend the history of our people and how our history impacts our collective future.

In recent years, governments have actively moved to enacting legislation to increase the awareness of Black History in Canada and throughout the UnitedStates. As Canadians we can never afford to forget our own history of slavery. This is a truth that has now been recognized by members of Canada's Parliament who have officially designated August 1st as Emancipation Day. As a descendants of those enslaved, I hope this legislation evokes positive and enduring change when it comes to the racism that is still faced in today's modern-day context.

Black history refers to the history and contributions of black people, particularly in Canada, United States, and Africa. Celebration of Black History includes events, people, and movements that have shaped the lives and experiences of all Black people throughout history.

This acknowledgement is important because it helps to correct the historical record which has often been ignored or has marginalized the contributions and experiences of Black people. Recognizing and studying Black history in Canada can also help to promote understanding and empathy between different racialand cultural groups and can also inspire pride and a sense of identity among Black people. Additionally, learning about Black history can help to address and combat ongoing issues of racism and discrimination.

It has been often said, that when the United States sneezes, Canada catches a cold. So as we all witnessed the events in Buffalo New York in 2022 where an armed man entered a grocery store targeting and killing 10 innocent Blackpeople, the communities of Black people in Canada were acutely impacted as well including emotionally.

As a community and as a society how can our community of Black People move forward? We must;

- 1. Work diligently to address systemic racism and advocate for equitable policy changes;
- 2. Promote education and economic empowerment among our communities;
- 3. Encourage solidarity and unity within our communities whether we be Caribbean or African;
- 4. Continue to celebrate, promote and preserve Black culture, heritage and history;
- 5. Engage in open and honest conversations about race and discrimination;
- 6. Support Black-owned businesses and organizations;
- 7. Build strong alliances and work with allies from diverse backgrounds on strengthen the bonds of inclusion:
- 8. Foster strong mental health awareness towards wellness;
- 9. Lastly, holding those in positions of power accountable for their actions and decisions.

I want to thank AfriCanad for working to ensure that inclusion is the very essence of who we are as Winnipeggers and Canadians. AfriCanad is the living embodiment that we are accepting of people regardless of race, colour, religionand gender. That we remember to celebrate who we are and where we have come from within this country we now call home. That is why we call Canada and Winnipeg our home!

Sincerely,

Markus Chambers

A/Deputy Mayor, City of Winnipeg

Chair, Winnipeg Police Board

Chair, Human Rights Committee of Council

City Councillor / St. Norbert Seine River Ward





I have always been interested in investigating how stuff works, especially at the molecular level. Back home at the Ahmadu Bello University Zaria, where I was in charge of the Food Science and Technology Research program, Institute of Agricultural Research, I had accumulated research experience examining the fundamental basis for using protein-rich flours as food ingredients. Therefore, when the opportunity was offered for me to do a Ph.D. program in Food Science at the University of Guelph, I grabbed it because I knew it would enable me to fulfill my passion for performing discovery work in protein chemistry.

GIVE US A BRIEF INSIGHT INTO YOUR JOURNEY TO CANADA AND HOW LONG YOU HAVE BEEN A CANADIAN.

I obtained my BSc in Biochemistry from the University of Lagos in 1982. After the compulsory one-year national youth service, I proceeded to Ahmadu Bello University (ABU), Zaria, where I completed an MSc in Biochemistry in 1985. I then worked as an Assistant Lecturer in the Department of Plant Science, ABU Zaria, from 1986 to 1991, when I came to the University of Guelph (UofG), ON. From 1991 to 1996 and from 1996-1998, I was a Ph.D. student and postdoctoral fellow at the UofG. In 1998, I became a Canadian citizen.

BEFORE YOUR APPOINTMENT, CAN YOU TELL US THE THE PREVIOUS POSITION YOU HELD?

From 1998 to 2001, I worked as a Research Scientist with Agriculture & Agri-Food Canada, Saskatoon Research Centre. I came to the University of Manitoba in 2001 as an Assistant Professor, was promoted to Associate Professor in 2006 and Full Professor in 2010. From 2010 till 2019, I held various positions, including Associate Head of the Department of Human Nutritional Sciences, Acting Head of the Department and Assistant Director of the Richardson Centre for Functional Foods and Nutraceuticals (RCFFN). In 2019, I was appointed the substantive Director of RCFFN (named recently changed to the Richardson Centre for Food Technology and Research).

CAN YOU TELL US ABOUT YOUR SUCCESS STORY AS A FOOD **SCIENTIST?**

My research work focuses on the structure-function properties of food proteins, peptides, and polyphenolic compounds. In addition to over 280 peer-reviewed journal articles, I hold two patents on blood pressure-reducing peptides produced from food proteins. One was licensed to a Canadian nutraceutical company for commercialization. The American Chemical Society has twice featured novel scientific discoveries from my lab relating to blood pressure-reducing and bitter taste-blocking peptides as international press releases. I have consistently been ranked as one of the world's top 2% leading scientists and a Highly Cited Researcher, putting me in the top 0.1% of the most cited researchers worldwide. According to SciVal (a leading scientific database), I am the most cited researcher worldwide in the area of Protein Hydrolysates (topic: 4446) and leading author in AntihypertensiveAntihypertensive Peptides (topic: 1915). I have received over 10 million dollars in research funding as Principal Investigator and have been given the University of Manitoba Merit award for research excellence in six different years. My research program has trained over 100 people ranging from High School interns to undergraduate and graduate students and Visiting Professors from other countries, including Australia, Japan, and Nigeria. I have been inducted as a Fellow of several professional societies, such as the Canadian Institute of Food Science and Technology, the Institute of Food Technologists, the American Oil Chemists' Society (AOCS), the International Society for Nutraceuticals and Functional Foods, and the International Academy of Food Science & Technology. This year, I was recognized by the AOCS with the Lifetime Achievement Award for Protein and Co-products research, which is usually given as a confirmation of exceptional scientific research quality that spanned several years and had a significant impact on the scientific community. I am the Editor-in-Chief of the Journal of Food Biochemistry, a leading food science scientific journal.

TELL US ABOUT YOUR APPOINTMENT WITH THE CANADA RESEARCH CHAIR (CRC).

The CRC program recognizes the top performers in various scientific disciplines at the early career and established researcher stages. My CRC position is a Tier 1 award for established researchers and provides \$1.4 million over seven years to support my research program. I sincerely thank the Dean of the Faculty of Agricultural and Food Sciences and the University of Manitoba administration for nominating me for this top-notch award. For the next seven years, the funds provided by the CRC award will enable me to continue my first-class research work by focusing on unravelling the fundamental basis for the potency (as health promoter) of specific arrangements (sequences) of amino acids on a peptide chain. The outcome will enable scientists to develop customized peptides that can be used as natural products to maintain the normal functioning of the human body and prevent diseases. To sum it up, the research output will enable people to consume genuine food-derived protein fragments as medicine but without drugs' serious negative (unwanted) side effects.

WHAT ARE THE CURRENT PLANS AND MOVES YOU ARE EMBARKING ON TOWARD ENCOURAGING THE AFRICANADIANS?

I always have been and continue to be a very active member of the African community to enable the development of the critical mass of human resources needed for us to integrate well into Canadian society. I have also provided opportunities for research and training in my lab to various people of African descent, several of whom have settled down in different parts of Canada. My achievements as a professional will continue to encourage all our Africanadians so that everyone can continue to succeed in their chosen fields.

AS A LEADING RESEARCHER, CAN YOU TELL US SOME OF YOUR PRODUCT THAT EMERGED IN THE MARKET?

The University of Manitoba has licensed one of my peptide products from yellow field peas to a Calgary-based nutraceutical company. This peptide product is designed to reduce human blood pressure and could replace or complement antihypertensive antihypertensive drugs. We expect the company to begin commercializing the product as soon as possible. Another product we are currently looking for an industry partner for is a peptide product that can suppress the bitterness intensity of foods. This is the first product of its type and can reduce the number of sugars used in food formulations. This is because food manufacturers use sugars to mask bitterness in food products. Still, then this practice is believed to contribute to the current epidemic of diabetes, obesity and cardiovascular diseases. Therefore, if we can replace the sugar in foods with a peptide that suppresses the human bitter taste receptors, we are on our way to formulating healthier (less sugar) food products.

CAN YOU TELL US ABOUT HOW YOU HAVE BEEN TO BALANCE YOUR WORK LIFE WITH YOUR FAMILY?

I have been fortunate to be married to a wonderful wife who understands and supports my work schedule, especially when our children are still very young. I have always ensured that I am there whenever necessary to support my wife and children, so I create time to be away from work, especially during school holidays. My children played sports while they were young, and I ensured they had my complete support, including attending the games when necessary. A past-time routine activity is to take my family on yearly vacations (at least one week) away from Winnipeg, which enables us to spend more time with each other and, in this way, strengthens the family bond.

CAN YOU TELL US ABOUT YOUR JOURNEY, MILESTONES AS A FOOD SCIENTIST?

My journey as a food scientist started in 1986 when I was appointed to run the Food Science and Technology Research program at the Institute of Agricultural Research, ABU Zaria. In this position, I supervised three research Technicians and three administrative staff members. My tenure as a Ph.D. student at the University of Guelph was a significant milestone, where I learned various aspects of fundamental and applied food science. From Guelph, I moved to Saskatoon as Scientist with Agric Canada, specializing in the chemistry and utilization of canola proteins. My work with Agric Canada gave me one of the first-ever patents on canola protein utilization as a hydrolyzed product. Another significant milestone was moving to the University of Manitoba as a Faculty member, which enabled me to choose the type of research I wanted to establish. This led to the development of the antihypertensive antihypertensive pea product. Then I started one of the earliest works on utilizing hemp seed proteins, which coincided with the establishment of the hemp seed industry in Manitoba. Today, the Manitoba hemp seed industry is the biggest in the world. Some seminal papers published from my research program remain highly cited and considered reference information for researchers and industry personnel. The latest milestone is my appointment as a Tier 1 Canada Research Chair, which provides a unique opportunity to take food science research to more significant and new heights.

WERE THEIR LIMITATIONS IN ATTAINING YOUR DREAMS AS AN AFRICAN MIGRANT TO CANADA?

I don't think so because I have been lucky to be hired in highly competitive jobs without knowing anyone in both institutions. Once I settled into the positions, I have continuously been assessed based on my productivity and ability to meet the set goals. Nothing is perfect, so I have encountered some difficult hurdles in my sojourn in Canada. Still, with the help of God, family, and colleagues at work, I have made significant career achievements despite such limitations.



KANTA ROY

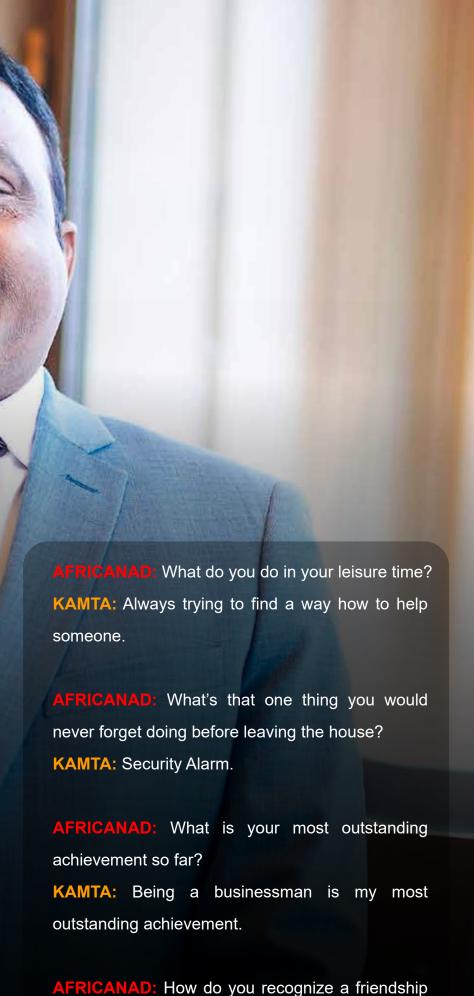
PHILANTHROPIC WORKS OF MR KAMTA SINGH

Donation of Over \$5million worth of Medical equipments to Grenada and Barbados.





Kamta Singh successful Roy is entrepreneur, respected community leader, and sports volunteer. He leads Singh's Enterprises, receiving awards for his contributions to the community, including ICCHA's Distinguished Community Service Award and the Asian Heritage Society Service Awards. Kamta, originally from Guyana, is actively involved in Canadian and Caribbean communities and is president of the Caribbean Canadian Heart Health Education group, the Lions Cricket Club, and Manitoba Hindu Seniors. He values volunteering and works with various organizations to positively impact society.



KAMTA: True friends are like diamonds and rare;

once you have them, you can recognize them.

that would last?

AFRICANAD: What kind of fun do you wish to experience in your lifetime?

KAMTA: Make a difference in people's life.

AFRICANAD: At what point can you refer to yourself as being accomplished?

KAMTA: You need to accomplish more but realize you just share and make a difference in life.

AFRICANAD: How would you describe your lifestyle?

KAMTA: I am humble, simple and exciting.

AFRICANAD: Would you go on a blind date arranged by your parents?

KAMTA: Yes.

AFRICANAD: What would you never do when no one is watching?

KAMTA: Have a good time.







A Conversation with **Akintunde Bryan Akindipe**

WHAT PROMPTED THE IDEA BEHIND YOUR BUSINESS?

Arabelle's bakery was started nine years ago in response to the vacuum created by mainstream food production businesses needing to meet Canada's growing immigrant population's needs.

WHAT WERE THE STEPS YOU TOOK IN ACTUALIZING YOUR IDEAS?

Launching the business required a leap of faith! We just had to start right where we were and with what we had in hand. It requires a lot of tenacity to get an idea out of one's head to become a reality; it involved doing a lot of research about the industry and Market, sharpening our business knowledge, and working with various partners and organizations to ensure we were building a solid foundation. As you can imagine, getting the business off the ground at the beginning was very challenging.

WHAT WERE THE CHALLENGES YOU CAME ACROSS, AND HOW WERE YOU ABLE TO OVERCOME THEM?

Some of the biggest challenges we experienced were the lack of a blueprint or infrastructure for African Canadian businesses and the lack of access to information. We had to start everything from scratch because there was no business like ours at the time. The businesses and financial organizations we approached at the beginning could not understand our products, Market, or business proposal, so it was tough to get the support we needed to thrive. To overcome this challenge, we had to finance the business ourselves and use a Plan-Do-Study-Act model to quickly iterate and problem-solve, developing the business.

WERE THERE ANY REGULATIONS IN ESTABLISHING YOUR BUSINESS AS AN AFRICAN IN CANADA?

Not specifically as an African Canadian. Generally, there are several regulations, policies and laws about food production in Canada. Being African had nothing to do with it, the safety of the food being consumed by the the public is taken very seriously.



CEO, ARABELLE BAKERY

HOW WERE YOU ABLE TO FINANCE THIS BUSINESS AT THE BEGINNING?

At the very beginning, we had to finance the business by ourselves; we emptied our Saving account to fund the company, and it was very capital intensive. It took a lot of work to secure loans initially due to the nature and novelty of the business.

WHAT KIND OF SUPPORT DID YOU GET FROM THE CANADIAN GOVERNMENT IN BUILDING YOUR BUSINESS. IF ANY?

As the business grew we were able to get some educational and financial support from the Government of Manitoba. They provided a free seminars on starting a new business, I will really recommend that for anyone starting a new business, we also received some grants and secured loans from the government.

kindipe

HOW WOULD YOU DESCRIBE YOUR ACHIEVEMENT SO FAR?

It's unbelievable! It was initially daunting to be the first, to establish a business like ours in Western Canada. We measure our achievement by the the impact we're making in people's lives, and it's been truly a privilege to see and experience it; we regularly meet people that describe how happy they are to have a obligations and family. It's been quite a balancing act of managing various priorities. Family comes first for me, that's where I get the inspiration to run the business, so everything I do is built around my family life. Every entrepreneur knows that sacrifices will have to be made through to achieve one's goals, its been a work in progress for me, I continue to strive to

find a way to manage

it all successfully.

everything, I've learned that it's essential to delegate

as needed, no one can do



DID YOU NEED TO SHARPEN YOUR SKILLS IN BUILDING YOUR BUSINESS?

In the beginning, I spent several weeks in the library reading about business strategies and administration. I had to seek out knowledge in every way possible to aid me. Learning is a lifelong commitment; I'm always sharpening my skills.

WHAT IS THE FUTURE OF YOUR BUSINESS?

Our vision is to make our products and services accessible to all Canadians at an affordable price. We are working on that through strategizing and partnering with various stakeholders in the industry. The future of the business is fascinating, and we have some great things planned as we grow. Stay tuned!

HAVE YOU CONSIDERED EXTENDING YOUR BUSINESS TO YOUR HOME COUNTRY, AND WOULD YOU SAY IT WOULD THRIVE THERE?

A few people have approached us about that, but our current focus is on growing the brand and business in North America; we currently have no plans of establishing the company in Nigeria at the moment though I'm confident that it will also thrive there.

Contact

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- **** 2049428271
- ⊕ www.arabellebakery.com
- arabellebakery

ROBERT JAMES HOBSON

(Bobby J)

Bobby J is a successful singer, songwriter, and percussionist known for his contributions to music. He has performed with various bands, released multiple albums and singles and was recently cast in the CBC/BET series "The Porter." Bobby continues to write, produce and teach music.

WHAT DO YOU DO IN YOUR LEISURE TIME?

Pray, work out, cook, play with my band, grow my garden, write, record and produce my music, feed and care for my wild birds over the winter, and spend time with family, summer and Ice Fishing. Take care of my household along with my wife.

WHAT'S THAT ONE THING YOU WOULD NEVER FORGET DOING BEFORE LEAVING THE HOUSE?

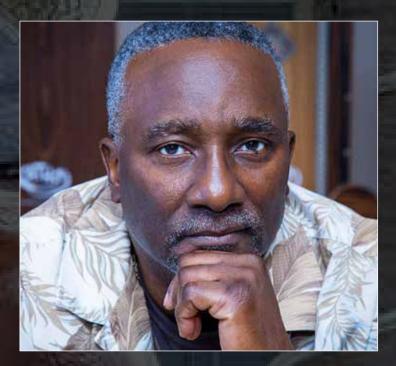
Praying

WHAT IS YOUR MOST OUTSTANDING ACHIEVEMENT?

Owning my own licensed Customs and Freight logistics brokerage company that was successful and well-respected in our community and industry.

HOW DO YOU RECOGNIZE A FRIENDSHIP THAT WOULD LAST?

If you have a good feeling about them and they respect you and would do anything for you and the betterment of your life. Most of all, you can laugh and pray with them, and they must not be jealous or envious of what you have.



WHAT KIND OF FUN DO YOU WISH TO EXPERIENCE IN YOUR Lifetime?

Performing as a Musical Artist, reaching out to family and friends and spending more time with them, soaking up their love.

WHEN CAN YOU REFER TO YOURSELF AS ACCOMPLISHED?

When you have gone through life, facing rough and challenging times while maintaining your health and mental well-being. Suppose you are surrounded by love and have an excellent support team that is there for you no matter what. Suppose you have earned the love and respect of your peers and community. Most of all, having God in my life, no debt with at least 5000.00 in the bank.

HOW WOULD YOU DESCRIBE YOUR LIFESTYLE?

Easygoing and appreciative of Mother Nature and what it has to offer. I love to have fun and listen to and play music.

WOULD YOU GO ON A BLIND DATE ARRANGED BY YOUR PARENTS?

Yes, I would, Out of respect for my parents, if they want me to do that. That person may not be for you, but they could be, making Mom and dad very happy.

WHAT WOULD YOU NEVER DO WHEN NO ONE IS WATCHING?

Degrade or speak badly of them. I would not steal or do anything that is not pleasing to God.





What prompted the idea behind your business?

I've always loved fashion since childhood. Accessorizing my outfit when going out made me thirst and crave how garments are being put together.

What were the steps you took in actualizing your ideas?

Going to a fashion school in Nigeria and Canada. Taking different courses yearly to make me stand out in my craft.

What challenges did you encounter, and how could you overcome them?

Switching from Nigeria to Canada was challenging as I had my fashion house before coming to Canada; managing business back home wasn't accessible; I lost a lot of customers as I was not readily available to attend to their needs. I'm yet to overcome this challenge, but it's getting better.

Were there any regulations in establishing your business as an African in Canada?

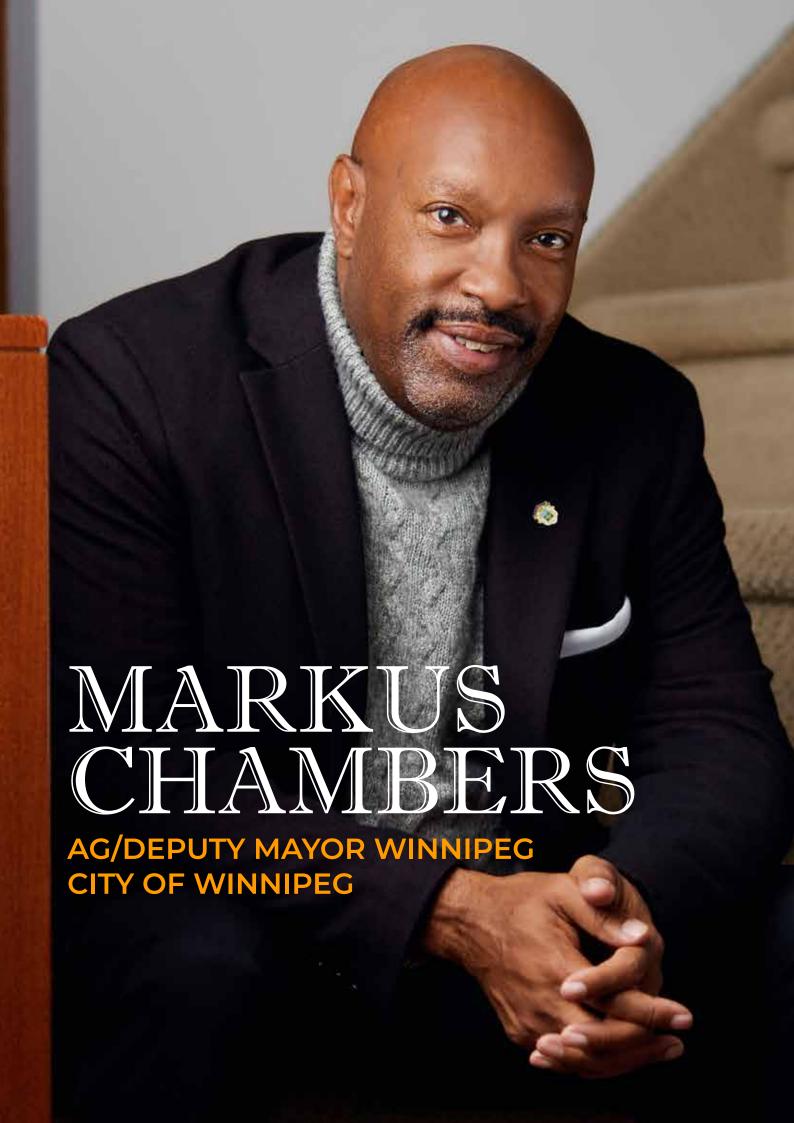
None that I know of.

How were you able to finance this business at the beginning? Funds from savings, family and friends.

What kind of support did you get from the Canadian government in building your business, if any?

Got support during Covid.





COUNCILLOR MARKUS CHAMBERS

Can you tell us about your journey into politics?

I am a 30-year civil servant of the Manitoba Government. During that period, I had always been asked to consider running for office, but my time raising my sons and being present in their lives was my priority. Once my sons were old enough, I pursued my interest in politics by running for office where the services directly impact the people.

What would you call the limiting factors that you came across being a Canadian of African descent politician?

I have never let my culture of heritage be a factor in limiting my success or accomplishments. If people have an issue with my culture and being an elected official, that is their issue, not mine, as I will still work hard to represent them as I do those who support me in this role. Our city, province and country and evolving, and we need to elevate our collective understanding of all the cultures that make up our city and province.

What were your other interest before the passion for politics?

I am passionate about human rights and the ability for all to live in relative harmony and be inclusive of not only races and cultures but also abilities and ensure that our shared spaces can accommodate everyone.

How have you been able to balance time spent with family and time spent on official duties?

The balance between official duties and family is less as much between sons is now grown. Still, it is a balance to ensure my mental health is not negatively impacted based on contentious issues. My family and friends are essential resources to provide perspective and balance to my life.

Has your wife always known you would go into politics?

Yes, my wife has always known that I would eventually be in politics and has supported my pursuit of public office. She is also a very public person in the community volunteering she does and is an inspiration to our two sons and me in terms of how selfless she is in giving back her time to the community while managing her day-to-day work and the relationships she develops and nurtures daily.

How do you deal with privacy and the media?

I am an open book, so there haven't been too many issues concerning privacy. My only problem with media is mischaracterizing what is said to what is a report and the harmful spin it can have on the actual message. I have a somewhat important role in being the chair of the Winnipeg Police Board and want to ensure the messaging that I am providing is consistent with the decisions of the Board and not reflective of my thoughts on any given matter.

What is that one item you can't do without in a day?

A good morning from my wife or that mid-morning text I get from her asking how my day is going so far. We routinely check in with one another several times per day.

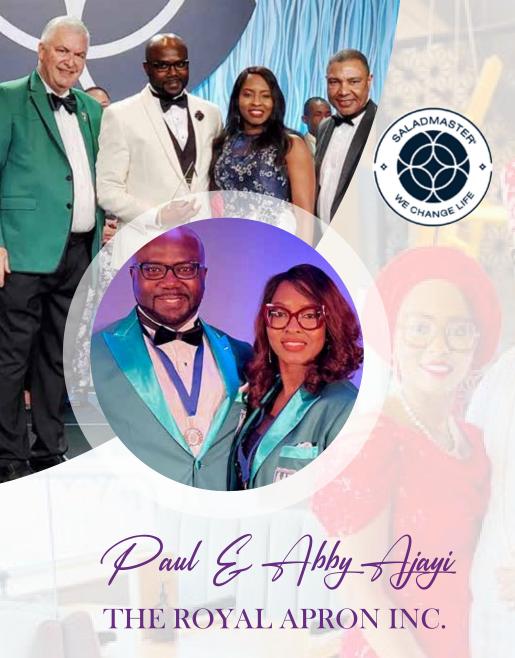
What is a fun time with family like?

We are just getting together with parents, siblings and children to share the blessings we have and continue to receive.









What steps did you take to actualize your ideas?

Joining Saladmaster in 2016 as one of the foremost African -Canadian answers my entrepreneurial prayers and desires. I have been involved in several pursuits before this time, but Saladmaster made the difference. All I did was believe in the Saladmaster's Success. Program and gave it my all.

Were there any regulations in establishing your business as an African in Canada?

The regulations are straightforward irrespective of your race as long as your business is genuine. You must know what principles apply to your sector or domain, as they may vary.

How could you initially finance this business?

We could fund our business through savings and inventory certificates earned as distributors. Saladmaster success program makes it easy for successful distributors to metamorphose into dealers.

What kind of support did you get from the Canadian government in building your business, if any?

We didn't get and need any financial help from Canadian government. We grateful that the provides government an enabling and good environment to conduct business with issues.

How would you describe your achievement?

We just got started. We are the leading Saladmaster independent dealership of African descent, one of the top dealerships globally and have produced top champions across all boards two years in a roll.

Did you need to sharpen your skills in building your business?

Yes, we had to hone our skills through the Saladmaster Success Program. We were privileged to be mentored by the Diamond Elite Master Dealership of Emmanuel & Tina Lindres, The Green Apron Winnipeg.

What is the future of your business?

The future is bright as Saladmaster undergoes its digital transformation journey. We look forward to leveraging technology to diversify our operations and being able to reach all generations.





Have you considered extending your business to your home country, and would you say it would thrive there?

Saladmaster currently has thriving dealerships in Nigeria and other African countries. Our vision is to inspire Africans in our business across the globe to maximize their potential and go for the gold.

Is age a factor to be considered before starting a business?

Age is no barrier as long as one has the fundamentals in place.

What is the role of gender in owning and managing a business?

In my opinion, gender is inconsequential when it comes to owning and operating a business, and what matters most is the personality of the business owner.

How would you describe the support you got from your partner in starting and building your business if you have one?

I cannot over-emphasize the support from my husband and business partner. I am grateful to God for giving me his best man. He runs as the Chief Operating & Strategy Officer for The Royal Apron. When he comes to the business, he acknowledges me as the boss and CEO.

What did expansion mean to your business?

Expansion is critical to our business as it aligns with Saladmaster's over-arching goal to be a Billion dollar company and a Top 50 Direct Sales company worldwide. We are looking at having more successful dealerships of African descent in North America.

How has your business affected your social life?

Our business has positively impacted our social life as our business is all about people and relationships. We are grateful to have positively influenced and changed lives daily through Saladmaster.

What is the most sarcastic question you've been asked concerning your business because you're an African/Caribbean/Black Canadian living in Canada? None comes to mind.

How could you convince investors to invest in your business?

We do not have investors in the sense of that. We promote our business, and those who join our team can be likened to "investors" who invest in healthy living or the benefits of owning a small business they can run with their schedule.

Who are the primary beneficiaries of your business idea?

Saladmaster has a structure for individuals who will want to become entrepreneurs. The lives we impact daily in our movement to drive the world to healthy home cooking are beneficiaries of our operations.



How has business helped your African/Caribbean/Black Canadian in Canadian society?

In her first year, i.e. 2021, The Royal Apron had 150 independent consultants; in 2022, the number rose to 250. These individuals have been empowered to do business, earn incomes to pay off their debts, buy homes, donate to charitable causes and live the Canadian dream. Within 18 months as dealers, we were able to promote our first direct dealers of Afro-Caribbean descent, Bukola & Phillip Downers Royal NutriSystems Inc.

What has been your greatest motivation so far?

My greatest motivation is the leadership and teams of The Royal Apron, men and women who believe in our vision of creating an environment for empowering success.



MEET THE FOUNDER OF MANITOBA AFRICAN CUP OF NATIONS INC. GODE KATEMBO

Gode Katembo is a visionary social entrepreneur and community leader. He takes great pride in helping others reach their full potential. Gode is the Founder & President of Canada African Cup of Nations Inc and CEO of SWB. He is passionate about community service and youth empowerment.

Gode attended Red River College, where he received a diploma in Business administration. He now attends Canadian Mennonite University as a student-athlete, specializing in international development and Theology. He is a well-rounded student and professional. He won The Spirit of Entrepreneurship Award, recognizing his entrepreneurial mindset and fierce determination. 2022 won Mayor's 44th volunteer award, The two True Sport award, Excellence Leadership and Community Service awards. Gode's plethora of philanthropic activity, academic success, and athletic prowess emphasize his exceptional future.

My purpose is to use sports as a catalyst for positive change in the world and to bridge the gap in the sports community by making sports affordable and accessible to all children, regardless of race, religion, gender, or socioeconomic status. I believe sports have the ability to inspire and unite people in a world that grows increasingly divided. It speaks to youth in a language they understand which we are using to create hope where once there was only despair.



What do you do at your leisure time? Playing and coaching sports

What's that one thing you would never forget doing before leaving the house?

Making sure my phone is fully charged



What is your greatest achievement so far?

Recent received a mayor's volunteer award 2022

How do you recognize a friendship that would last?

When both individuals are putting in the effort, and it's on a consistent basis, that friendship will last.

What kind of fun do you wish to experience in your lifetime?

Watching a World Cup finals

At what point can you refer to yourself as being accomplished?

After I build several businesses that employ over 1000 people and possibly run for office, establish mentorship programs in the inner city for youth.





God blesses me to be alive to celebrate my 60th birthday standing on my feet, healthy, and surrounded by loved ones, in addition to God blessing me with several loving people who bring joy to me daily. All my life, God has been faithful.

Growing up, what were your goals and aspirations?

Growing up, my goal was to serve God and humanity in all capacities, impact anybody that crossed my path positively, and contribute to better other people's condition. Also, to share God's blessings with people in need to glorify His name

I wanted something that represents the tradition of my culture, and "Aso Oke" is a typical dress special occasions.

What excites you the most about this celebration?

My 60th birthday is the first and only official celebration I ever had. The fact that people cleared their busy schedule to celebrate and honour me alive meant the world to me, and I'm forever grateful for their contributions to both physical presence and financially. Everyone present at the celebration are people we consider family and friends.



Please share with us what you want us to know about your husband?

My husband is my crown, he is a good family man, God fearing, a protector, and a provider who has the best dream for his family well-being by working hard in providing for us both spiritually, physically, financially and everything we need for our daily living. My husband loves people unconditionally. My husband is a caring and devoted father. He is a gift to humanity because he always sacrifices his comfort and resources for people in need. He is an educator, who has been training and mentoring leaders of tomorrow in the field of food and nutritional science.

How many children do you have? Where are they, and can you tell us what they do?

God blessed us with two wonderful children, a handsome prince Olawale and beautiful princess Oluwatosin. Our son has a degree in Criminology and a Diploma in Human Resource Management. He currently lives and works in Ontario as an HR personnel in a private company. Our princess studied Accounting and is CPA accredited and is currently working with a firm in Winnipeg.

What was the role of daddy in this owambe celebration?

The truth be said, the guest and friends that came to celebrate with us is a testament to the calibre of people he surrounds himself with and met along the journey of life. My beloved husband said whatever is needed to celebrate my 60th, he said go for it, because this the first time we are celebrating you and I'm glad to take my life journey with you, meaning whatever needed to be done to make me happy and memorable, I should go for it. Therefore, he provided all the necessary support needed to make the celebration a huge success. To my beloved husband, I'm blessed that God has given us the grace to go on our life journey together.



Is there anyone you wish was present at the party but wasn't?

My immediate senior brother Dr Dare Henry Mejabi who couldn't get visa from Nigeria. That been said, I am thankful to him and his wife for their contributions, especially when it was most needed towards the success of the celebration.

How did you put together the arrangements for the party?

To my humble, supportive, God given husband, I'm grateful, I appreciate your generosity and kindness. You celebrated me with the important and relevant people in the society, if its left to me, a handful will just be available, but your humanity and openness to community work allowed for the size of the crowd at the celebration. There is no love like the love of a blood sister in person of Ifejola Mejabi, who was the chief organizer of the event, God will continue to bless you my aburo. To my family, friends, and well wishers who contributed both with prayers, financial support, and their precious time, I'm grateful. The good Lord will give us long life in good health to celebrate each other while we are alive.







PASTOR OMOFELA

Reshino 50 th GOLDEN BIRTHDAY

(PASTOR-IN-CHARGE CACVOC WINNIPEG)

On the 2nd of July 2022, Pastor Fela Keshinro marked a milestone in his life as he celebrated his 50th birthday. The event was held in Winnipeg, Manitoba, Canada and was attended by several dignitaries from different parts of the world.

The celebration started with praise and worship sessions led by the church choir. This was followed by speeches from family members, friends, and well-wishers who all came to celebrate with the celebrant. They spoke about his selflessness, love for God and people, and impact on their lives and the community.

Pastor Fela's wife, Evang. Caroline. Keshinro gave a heartwarming speech as she celebrated her husband's golden jubilee. She thanked him for his love, support, and the wonderful life they had built together.

After the speeches, the birthday cake was cut, and a birthday toast was made in honour of the celebrant. The celebration was filled with laughter, love, and joy as family, friends, and well-wishers came together to celebrate with the celebrant. It was a day of thanksgiving and appreciation for the life and achievements of Pastor Fela Keshinro.

In conclusion, Pastor Fela's 50th birthday celebration was a beautiful and memorable event that brought together people from all walks of life to celebrate with him. It was a testament to his impact on the lives of those around him and his unwavering commitment to serving God and humanity. Happy birthday, Pastor Fela!















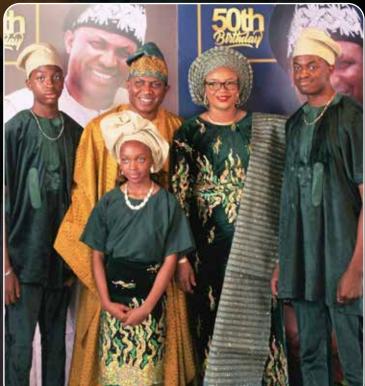
















CELEBRATING

RHODA & AKINDIPE-FALADE

QA

Mrs. Rhoda Abimbola Abioye Akindipe-Falade is a product of grace. She was born on Monday, 21st July 1952, in Abeokuta, present-day Ogun state of Nigeria and christened Rhoda at Baptism. She started her elementary education at the African Church Primary School in Itoko, Abeokuta and completed her secondary education at the African Church Grammar School, Apata-Ganga, Ibadan, between 1966 and 1970.

She then proceeded to the Institute of Administration, Ahmadu Bello University Zaria (ABU) and obtained a Diploma in Accounting. She continued her education with a Bachelor's degree (B.Sc Accounting) from the University of Lagos and, after, a Master's degree in Business Administration (MBA) with a specialization in Finance MBA (Finance).

She worked briefly with Solel Boneh (Overseas) Nig. Ltd., Ibadan, as an Accounts Supervisor for one year and returned to Zaria to work in the Bursary department of her alma mater as an Assistant Accountant and was later promoted to the position of Accountant. She relocated with her young family to Ilorin in April 1979 and got employed by the University of Ilorin as an Accountant.

Rhoda Abimbola Abioye Akindipe-Falade is a retired Bursar (Director of Finance) of The Nigeria French Language Village, Badagry, established by the Federal Government of Nigeria in 1991. She retired in 2011 after 35 years of service and is still an active member of many professional bodies.

During her working career, she had the unquantifiable blessings of attending seminars locally and internationally, with short-term overseas training in prestigious institutions like the Manchester Business School, Crown Agents International Management Training Centre, Worthing (both in the UK), Université de Grenoble and Université de Rouen (both in France).

She is known for her charitable work and passion for giving back to the community, which has earned her several awards and recognitions. She was honoured with the chieftaincy title of "Yeyetobase of Temidire" in Ikole Ekiti, Nigeria.













What's that one thing you would always remember doing before leaving the house? Praying and Exercising.

What is your most outstanding achievement so far?

Raising my children to be God-fearing and independent of me, reaching the pinnacle of my career.

How do you recognize a friendship that would last?

The person will have to be God-fearing, trustworthy and reliable.

What kind of fun do you wish to experience in your lifetime?

Travel to interesting destinations.

At what point can you refer to yourself as being accomplished?

Every time I see my grandchildren.

How would you describe your lifestyle? God loving and fearing, Easy going.





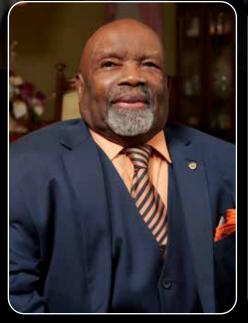


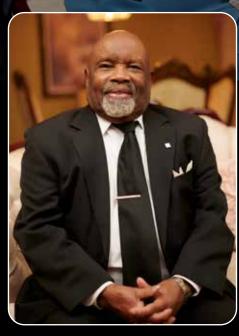


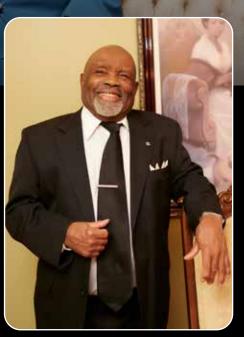














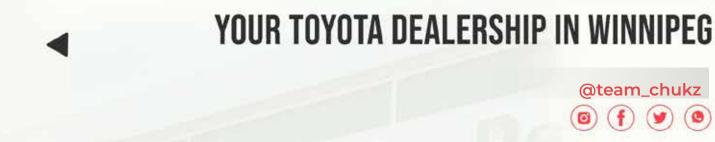






JIM **PATTISON**

TOYOTA REGENT





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Colonkwo@jpautogroup.com 🕨



Grace is passionate about people, whether to offer support through improving mental health, addressing relationship difficulties, or adjusting to life situations. Grace was attracted to working as a mental health practitioner because of her passion for change.

Grace is conscious that the human mind can expand and accept change. Grace has the heart to listen to people's stories nonjudgmentally. Grace enjoys building relationships with her clients and believes a healthy relationship is vital to successful therapeutic intervention. Grace brings diversity to her team; her education in Europe and her African heritage helps clients connect with her. Grace obtained her bachelor's degree from University College Cork, Ireland. She has her master's degree from the University of Waterloo. Grace is skilled at developing comprehensive assessments. building interpersonal relationships with clients, and providing crisis intervention for clients. Some tools that inform Grace's practice include Dialectical Behavioral Therapy, which offers mindfulness skills, Distress Tolerance, Interpersonal effectiveness skills, and emotional regulation skills. She also adopts attachment theory and strength-based and solution-focused approaches to work with clients.

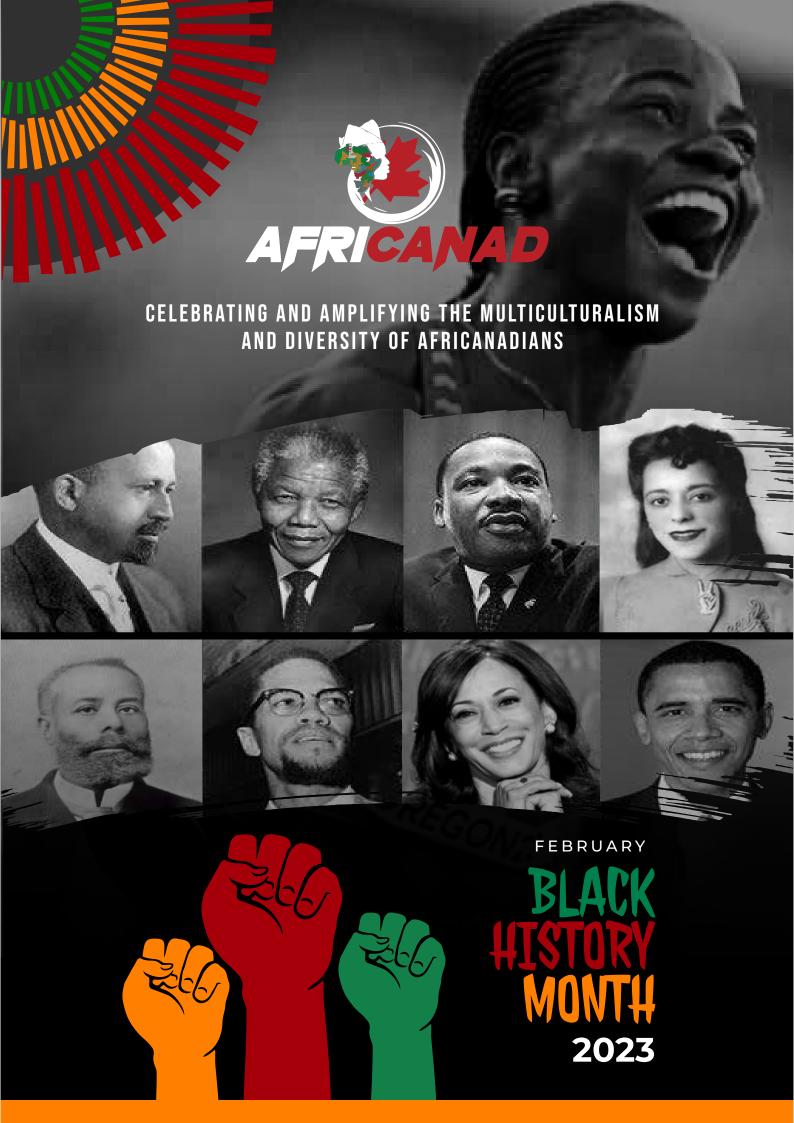
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Let's talk about it

A mental health crisis or mental illness has been looming over the past decade. Mental illness is a condition that affects your mood and you think, feel, and behave. This condition can negatively impact your day-to-day activities and your relationship with others (Canadian Mental Health Association, 2005). For example, you may discover that you are overthinking at night about a situation at school/work and cannot sleep. You might notice that you have a low appetite for food or want to stay indoors longer as you don't feel like talking to anyone. Many people go through different mental health conditions and may not talk about them. Talking about it in a safe place is often advisable. Several factors lead to mental illness; some include stress, physical health challenges, isolation, financial insecurities, loss of a loved one, domestic violence, cognitive and genetic issues, addiction to illicit drugs and alcohol, and suicidal concerns. These factors could lead to depression, anxiety, panic disorders, and other mental health conditions. Mental health affects everyone regardless of age, culture and background. Many Black Canadians undergo mental illnesses due to one of the reasons mentioned above. As a mental health practitioner, I believe the human mind can expand and accept change. I have the heart to listen to people's stories in a nonjudgmental way. I enjoy building relationships with my clients, and I believe a healthy relationship is vital to successful therapeutic intervention. If you are worried about your mental health or know anyone needing urgent help, contact the Winnipeg crisis center at 2049401781.









Y MONTH 2023









WINNIPEG CITY COUNCIL SUPPORTS THE CELEBRATION OF

Black History Month



From left to right (Front Row):

Councillor Devi Sharma (Speaker), Councillor Cindy Gilroy, Councillor Markus Chambers (A/Deputy Mayor), Mayor Scott Gillingham, Councillor Janice Lukes (Deputy Mayor), Councillor Russ Wyatt

From left to right (Back Row)

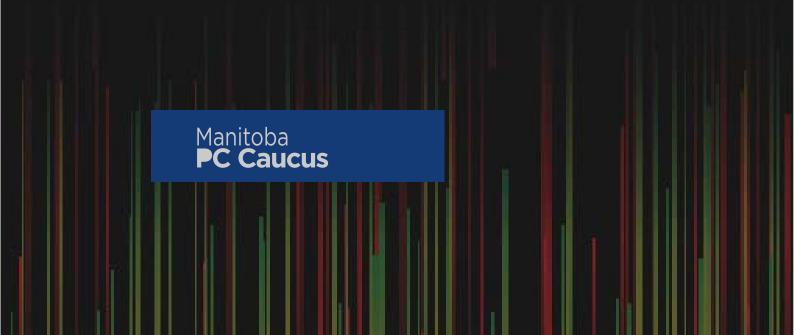
Councillor Vivian Santos, Councillor John Orlikow, Councillor Evan Duncan, Councillor Sherri Rollins, Councillor Shawn Dobson, Councillor Jeff Browaty, Councillor Jason Schreyer, Councillor Brian Mayes, Councillor Ross Eadie (Deputy Speaker), Councillor Matt Allard







Let's celebrate and recognize the contributions of Black communities that make up our great province of Manitoba!







KAYCEE MADU

Since October 24, 2022, Kelechi "Kaycee" Madu KC ECA MLA, a lawyer and politician from Canada, he has held the position of deputy premier of Alberta and minister of skilled crafts and professions.

Madu is the first Black person in Canada to hold the position of provincial minister of justice.

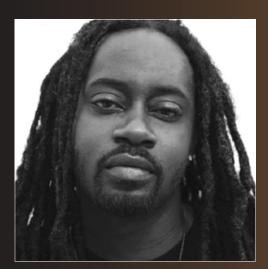
ADORA NWOFOR

Adora Nwofor is a creative with many sides, an actress, comedian, hostess and model who has interacted with viewers from many walks of life. She has served as a board director for Femme wave: Calgary's Feminist music and Arts Festival and the Nigeria Association's youth division. Additionally, since 2017, she has served as the grand marshall and a founder of the international movement for women (Western Canada).

Adora is also the President of black lives matter YYC.







SAUKRATE

A Canadian rapper, singer, and record producer by the name of Saukrates (/skrtiz/; "Socrates"), Karl Amani Wailoo was born on March 6, 1978. He is the lead singer of the hip-hop/R&B group Big Black Lincoln and a co-founder of Capitol Hill Music.

Additionally, he belongs to Redman's Gilla House group.

SHARNELLE MORGAN

B.PAPM, MPP Co-Founder, The Canadian Black Policy Network/Toronto Black Policy Conference; Policy Advisor, Government of Canada, RBC Future Launch Future Leaders Sharnelle Morgan has held various posts in the federal service, including policy advisor at the Privy Council Office. She was chosen as a 2021-22 Action Canada Fellow because she is passionate about establishing equitable spaces and participating in public policy. She is regarded as an emerging leader.





ALPHONSO DAVIES

Alphonso Davies was born to Liberian parents who sought sanctuary in Ghana after fleeing the Liberian civil war in the refugee camp of Buduburam in the Gomoa East District of central Ghana. When Davies was five years old, his family first relocated to Windsor, Ontario, then spent one year in Edmonton, Alberta.

Davies was the first player from the 2000s to take the field in Major League Soccer match. He transferred from MLS team Vancouver Whitecaps FC to Bayern in January 2019 on a deal that would extend through 2023 and cost an MLS transfer record.

Davies was selected the 2019-20 Bundesliga Rookie of the Year after Bayern won the Bundesliga, the UEFA Champions League, and the DFB-Pokal that season; he also contributed to the club that won the continental treble.



DENNIS MITCHELL

With the establishment of the Black Opportunity Fund, Dennis Mitchell (MBA' 02), CEO & CIO of Starlight Capital is one of more than 50 Black executives and leaders committed to sharing their skills with the Black community. (BOF) The fund was established this year as a dynamic collaboration between corporations, philanthropists, foundations, and the Black community to address the effects of systemic anti-Black racism in Canada.

In 2009, 2010 and 2011, Mitchell won the Brendan Wood International Canadian TopGun Award. He also won the 2012 Brendan Wood International Canadian TopGun Team Leader Award





ATIBA HUTCHINSON

Atiba Hutchinson, a Canadian professional soccer player, was born on February 8, 1983. He is a midfielder for the Super Lig club Beikta and the Canada national team. He became the first player from North America to win the Danish Super Liga Player of the Year title while he was playing in Denmark. Hutchinson took up the first of his six Canadian Player of the Year honours that same year.

SAM ADEKUGBE

Professional footballer Samuel Ayomide Adekugbe represents both Canada's national team and Süper Lig club Hatayspor as a left-back. Adekugbe celebrated Cyle Larin's goal in the 52nd minute of Canada's 2022 FIFA World Cup qualifier against Mexico on November 16, 2021, at Edmonton's Commonwealth Stadium by diving backward into a pitchside snow bank. The celebration subsequently gained popularity online. On January 30, 2022, against the United States, in a FIFA World Cup qualifying match, he scored his first goal for Canada. Adekugbe was selected in November 2022 to represent Canada in the 2022 FIFA World Cup.







KINGSLEY JESUOROBO

The Law Society of Ontario, named Kingsley Jesuorobo to the Advisory Council on Access to Innovation.

The Law Society of Ontario governs over 57,000 lawyers and about 10,000 paralegals in Canada. He is one of the 12 people who make up the advisory council at the moment.

SAVANNAH RE

Savannah Re is a Canadian Blues singer from Scarborough, Ontario. she released her debut EP opia in 2020Ré and received a nomination for Contemporary R&B/Soul Recording of the Year for her song "Where You Are" and won Traditional R&B/Soul Recording of the Year for her song "Solid" at the 2021 Juno Awards. A longlist for the 2021 Polaris Music Prize was subsequently created for Opia. Her "Solid" music video, which Alicia K. Harris directed, was a 2021 Prism Prize finalist.





KADEISHA BUCHANAN

Buchanan has won the Canadian title Player of the Year three times, in 2015, 2017 and 2020. She was the FIFA Young Player Award winner in the 2015 Women's World Cup.





TERRY DUGUID

Member of Parliament Winnipeg South



Celebrating Black History Month

I would like to send my best wishes for Black History Month to everyone in Winnipeg, Manitoba, and throughout Canada. It is a time to honour the legacy of Black Canadians, past and present, and to recognize the significant contributions they continue to make in our communities.

While February is recognized as Black History Month, I encourage everyone to learn about the unique history of Black-Canadians all year-round. Black history is Canadian history, and we cannot fully understand the complexities of our nation's history without appreciating the many contributions that Black Canadians have made.

We are fortunate to have a large and thriving Black population in our province, especially in the riding I represent in Winnipeg South. Black-Canadians consistently demonstrate an impressive community-mindedness by organizing neighbourhood events and cultural celebrations. Needless to say, Black Canadians form an essential part of the cultural mosaic that makes up Manitoba.

While Black History Month is a time for learning and celebrations, we must also remember that people of African descent created Black History Month in opposition to racism, hate, and discrimination. While we have made progress in these areas, there is still much work that needs to be done. We must continue to be vigilant against racism in all its forms, and speak up whenever we see it.

Once again, I am sending my best wishes to everyone during this year's Black History Month. I hope we all find time this month to celebrate the rich history of Black-Canadians

Terry Duguid Member of Parliament Winnipeg South

Tarry Dugued

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SageLine Immigration Consulting Services Inc is a registered and federally incorporated company located in Canada and approved by the College of Immigration and Citizenship Consultants (CICC); our Regulated Canadian Immigration Consultant (RCIC) is legally authorized to guide and represent clients on immigration related matters.

Immigration is a complex area of law with various subject areas that might be difficult to understand or comprehend; It is sometimes overwhelming to navigate through the law, policies and procedures and it is fast changing. Our team takes pride in ensuring that clients receive current and accurate information, advice, and assistance for all Canadian immigration applications.

We provide a full range of immigration services to individuals and families who would like to come to Canada temporarily to visit, study or work including those interested in becoming a Canadian permanent resident or citizen. Our goal and commitment is to find the right solutions in a timely and cost-effective manner in all situations, in addition, we intend to support clients and share resources that would make settling in a new country easy and worthwhile.

Your Immigration success is our priority; contact us today on 431-335-2965.





Adebukola Offornze RCIC 708479 Regulated Canadian Immigration Consultant

Proud to celebrate the outstanding achievements and contributions of Manitoba's Black community.



Dougald LamontManitoba Liberal Leader
MLA St. Boniface

Jon Gerrard
MLA River Heights

Cindy Lamoureux MLA Tyndall Park

MANITOBA **LIBERALS**

manitoba.liberals@leg.gov.mb.ca

CHARMAINE WILLIAMS

The First black woman elected to Brampton City Council, was Charmaine Williams in 2018. As MPP, she will prioritize improving the safety of our streets, ensuring that families have access to the social and recreational facilities they desire, and fighting for a comprehensive transportation strategy in the area.





KEVIN JOHNSON

At a time when there has been significant discussion about the industry's lack of diversity, particularly in top jobs, Johnson is one of the first Black CEOs in North American media and marketing (McDonald, a Black executive, was appointed GroupM's North American CEO last year).

In a personal piece from the previous year, Johnson acknowledged that he was "the only Black person in the room" and that the Black advertising community would value his appointment.

PEJU OKE

Achievements: Princess Peju Oke is the CEO of HopeSure Foundation and the Africa Canada Investment Summit founder. She was awarded and recognized as the founder of the most outstanding charity organization in the diaspora. She fosters smooth business investment between Canada and Africa through her Canada event summit.







JESSICA YAMOAH

Jessica Yamoah is a woman of Ghanaian ancestry who was raised in Canada; she was born and raised in Waterloo and had a track record of working with local organizations, such as the Congress of Black Women and the University of Waterloo Balck Association of Student Expression, of promoting civic involvement (UBASE). To further her education after high school, she relocated to Toronto.

She's a tech expert who has worked for companies like Nike, Nokia and Apple. She has worked with these renowned international organizations and provided consulting services to start-up businesses. She observed the underrepresentation ethnicity/race, orientation, of gender, physical/cognitive abilities, and age throughout her experiences in the innovation and technology sector. This served as the impetus for her to start her non-profit.

CHARLES OSUJI

CHARLES OSUJI was recognized as one of Canada's top 25 most influential attorneys. THE CEO & MANAGING PARTNER IS CHARLES OSUJI. Charles Osuji, a business and employment attorney in Calgary. Multi-award-winning attorney Charles Osuji leads Calgary's Osuji & Smith law company. He was selected as one of the Top 40 Under 40 in Calgary and among Canada's Top 25 Most Influential Lawyers.





ASHLEY LAWRENCE

Biography: Ashley Lawrence is a fullback or a creative midfielder for Division 1 Féminine club Paris Saint- Germain and the Canadian national team; Ashley Elizabeth Marie Lawrence was born in Canada on June 11, 1995, she started her youth career at Brampton Brams united & Erin mills

Achievement: In the 2013 Yongchuan Cup match against China PR, Lawrence made her Canadian debut. She earned the bronze medal in the 2016 Summer Olympics in August. She participated in her 100th game for Canada on August 2, 2021, during the 2020 Summer Olympics semifinals. She stopped a header goal at 1 1 6:56 in the Olympic championship by removing a Swedish cross on her goal line. Canada ultimately won the match in the penalty shootout.







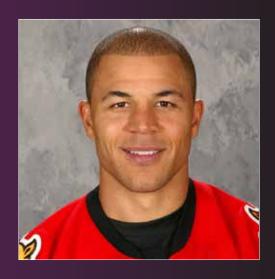
OLAWUNMI WUNMI IDOWU

Since establishing Woezo Africa Music and Dance Theatre Inc. in 2006, Lawunmi (Wunmi) Idowu is a 39-year-old unstoppable dancer and performer. It has ignited the art scenes in Edmonton and Calgary with initiatives that give African, Caribbean and Black artists opportunities. Since then, Woezo Africa has included more than 4,800 Africans, Caribbean, and Black dancers. Idowu has transformed Woezo Africa into a social Venture in addition to what you see on Stage. They are raising more than \$2.5 for global philanthropic efforts.

JAROME IGINLA

Iginla is the first Black player in NHL history to reach those milestones. Scoring 1.300 points (625 goals. 675 assists) in 1.554 games With the Calgary Pittsburgh Penguins, Boston Bruins, Colorado Avalanche. and LOS Angeles Kings. He won the Art Trophy in 2002 and the Lester B, Pearson Ted Lindsay Award) as a player as chosen by his teammates that same year.

The 43-year-old scored 52 goals for the Flames in 2001-02 and 41 goals in 2003—04 on his way to becoming the Flames' all-time leading scorer. He became the first Black player to Win the Rocket Richard Trophy as the NHL'S top goal scorer.





TRE ANDERSON

Tre is the Top Chef Canada season X winner and the first black man to win the prestigious competition. Tre expressed that he believes his emergence as the winner of the competition will inspire young aspiring black chefs to think they can become what they dream no matter the Obstacles.



Making a Difference

The Story of Jaylen Smith, America's Youngest Black Mayor

Jaylen Smith, at the age of 23, made history by becoming the youngest black mayor in the United States. He was elected as the mayor of Earle, Arkansas, a small town with around 2,500 people.

Smith ran on a platform of bringing change and progress to the town, and he had big plans for Earle. One of his main priorities is attracting new businesses and industries to the area to create jobs and boost the local economy. He also wants to improve the town's infrastructure, including updating the roads and sidewalks and building new parks and recreational facilities, affordable healthcare and housing.

Smith has also brought a fresh perspective to the town's governance; being the youngest ever black mayor, his approach to solving problems differs from the traditional ways; he often looks to technology as a tool to enhance the community's growth and development. He has also been focused on engaging the town's youth in the governance process, encouraging them to take an active role in shaping the community's future.

Overall, Jaylen Smith brought Earle a new energy and sense of possibility. With his ambitious plans and his commitment to making the town a better place for everyone, he is well on his way to transforming Earle into a thriving and prosperous community.

Smith has also made it a priority to increase transparency and accountability in government. He is working on creating new policies to encourage the use of renewable energy, as well as developing new programs to promote recycling and conservation.

Smith is also focused on creating a sense of unity and pride in the community. He has been working to build a strong sense of community by hosting events and celebrations that bring people together. He has also promoted diversity and inclusivity in the town by creating new programs and initiatives to support underrepresented groups.

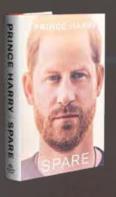


He is a shining example of how young leaders can bring new ideas and fresh perspectives to politics and governance. A true leader!









SPARE

There is something about the magic of words. It pulls you in and immerses you because of the world through another person's lens. Through SPARE, you will get a sneak peek at Prince Harry's life as a boy, a brother, a prince, a husband, and a father.

The 471-page memoir was divided into three parts. The first part, "Out of the Night That Covers Me," chronicles Prince Harry's early years as Princess Diana's son. He paints a vivid image of his life from the separation of his parents and his mother's painful demise to life after. He vividly recalls events with an uncanny penchant for remembering details about places and scenes.

The second part, "Bloody, but Unbowed," gives an account of his exploration of a purpose in life as a SPARE(third in line to the throne). He details his work with conservation, his experience as a soldier in Afghanistan, his duties as a member of the royal family, and the people that added colour to his life. In the third part, "Captain of My Soul," Prince Harry walks us through how he found love that led to the altar and the unusual events that followed the union of a British Prince and a black woman in the 21st-century British empire.

At the beginning of the book, he stated that his desire was to be understood; he certainly did justice to that with this memoir. Beyond the headlines and perfect pictures, SPARE shares with us the humanity of the erstwhile Duke and Duchess of Sussex, their quest for love, and their dedication to protecting it. Ultimately, it reveals that even the royals have something in common with us all, a need for family, support, and love. In this, they are just as human, just as vulnerable, and just as needing validation.

A recurring theme throughout the book is the intersection of family and duty- a complex relationship often fraught with tension. Imagine your family members being your co-workers. Prince Harry offers a front-row seat to see how members of the royal family managed the rivalry, politics, competition, and complexity that comes with both relationships in the face of press leaks and mob attacks.

One thing becomes clear at the end of this book; things are not always as they appear. In the third part of the memoir, Prince Harry finally explains the events leading up to the infamous MEGXIT letter. He squashes the narrative that his wife pressured him to abandon his family and heritage, and they were arm-twisted into exiting the family and letting go of their titles.

SPARE explains a young couple's battle with racism in the press and the British monarchy. Unarguably we have come a long way in the quest for an equal world. The union of Prince Harry and Meghan Markle is a notable sign of progress. However, the peculiarity of the challenges they've faced due to Meghan Markle's Black ancestry is a testament to the fact that racism is still a big challenge today.

The simple language, vivid imagery, and Prince Harry's non-attempt to paint himself as a saint made the book believable, relatable, and enjoyable.







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The opening scene, which showed a white porter snatching the drink off a table of blacks while they watched helplessly, aptly introduced the gross inequality that was the order of the day among the men who worked the rails. Being a porter was the only job available to black men in the Canadian railway system.

They were treated as third-class citizens who could only work the sleeping cars while their white counterparts worked in the dining cars.

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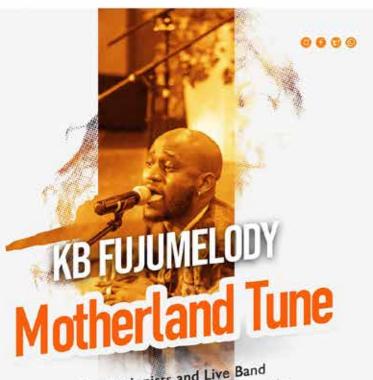


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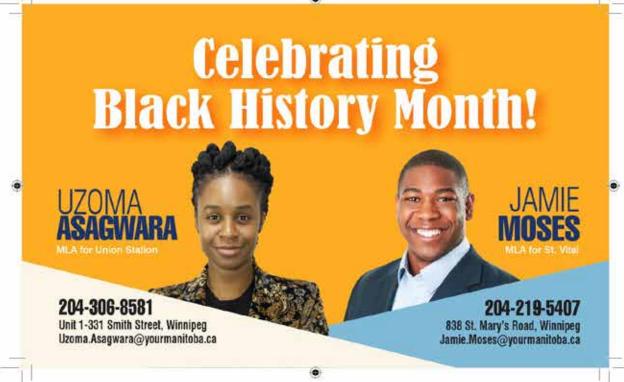


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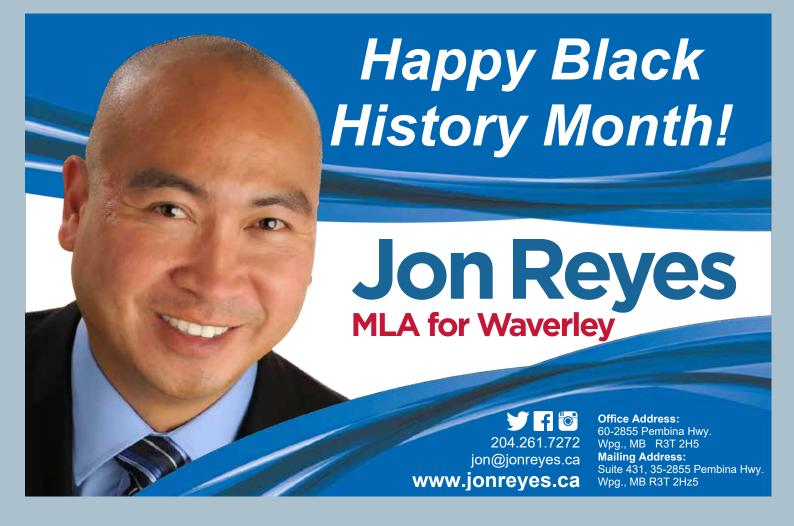


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POEM_{BY}

Tammy Peterside

An Ode to Heroes past

Who taught us that freedom means nothing if others are in chains.

An Ode to Heroes past who taught us the value of a stance against the tongue that would deny her of her place at the table.

This table she helped build with blood, sweat and tears.

To the ones who refused to believe that this climate was not built for skin the color of the earth how do you think the plants grow?

An Ode to Heroes Past.

Who taught us the value of small Who turn leftovers into a feast Trash into treasure.

Who knew you could find over 300 uses for the peanut?

To the ones who taught us.

To use pen as gun, words as bullet. And if we look like we are staring at the

Don't worry, our eyes are on God.

An ode to Heroes present.

Who break glass ceilings to the light in, in spite of masked faces and the smell of alcohol.

An ode to Melanin Black.

Unashamed of this beauty that captures sunlight and gives it back to you as magic.

To these hands that give again and again.

To these feet firmly rooted on this

To backs that refuse to break, refuse to sway.

Steady.

An ode to you.

POEMBY Esther Raji

My fellow Black people with the same skin as me, skin that tells a story, that's ever so the skin that is naturally rich in melanin, the skin captivating, exquisite, appealing and beautiful, I want to say never be discourage for the repeatedly "can I touch your hair questions" your magnificently thick, nicely textured, afro-natural, wonderfully made hair. I want to say never be discouraged for the times they turned the lights off proclaiming they couldn't see you when the only thing they couldn't see was how hurt you were while begging them to turn the lights back on.

Don't be discouraged for every time you must walk home, to school, to the park and you receive those looks, those judgmental looks that look deep into those eyes and tell you, you don' deserve to be free, that you're not on their level and even though they don't tell that they have that white supremacist look that illustrate, describe, clarify more than words could ever declare.

Do not be discourage when they said that phrase, that phrase in which they say "When I see you, I don't see colour" when all you wanted was them to acknowledge the color, the colour and time God used to make a miraculous personality like you, you as in me, me as in we.

Do not be discouraged by all the misconceptions of thinking you're mixed when not knowing black has different shades and sizes.

Do not be discouraged about the question, do you have a car where you came from? Do you have water in your country? Can vou speak African? Do you have weed? Do lions still roam in your streets? Do you have a dad?

I say be not discourage about the questions, I can't understand you, speak slower. I put this in a way you can understand and hope this is slow enough

You're Black, beautiful, and bleed red just like every other being. So, never get discouraged.

Le Noir,

C'est de l'Or



La race noire est une race bien bénie, une race si dotée, une race exceptionnelle, une race extraordinaire. Véridiquement, l'histoire de l'humanité ne sera pas complète sans faire référence, voire rendre hommage à la race noire.

Étymologiquement, en dépit de quelques fausses idées reçues, qui dépeignent le noir avec le négatif, la couleur noire est un symbole du positivisme et incarne la simplicité, l'élégance, la sobriété, le luxe et la modernité. Le noir représente la dignité et l'autorité, le pouvoir et la valeur.

La mission de cette contribution est de démystifier le concept du noir, de prouver que le noir n'est pas synonyme de la pauvreté, de la négativité ou de la subjectivité. Nous voudrions démontrer que les femmes et les hommes noirs sont véritablement doués et qu'ils sont capables de se tenir, de pénétrer et de réussir dans n'importe quelle facette de la vie et de la société : allant de la politique à l'économie, de l'éducation à la science, de la culture à l'agriculture, du sport à la musique, la liste est tellement longue.

Et les preuves sont là. Partout dans les quatre coins du Canada, voire du monde entier, les Noirs sont en train de briller avec fierté, et ce, sans aucune discrimination de genre. Comme cas de figure, nous aimerons mettre en lumière et rendre hommage à une perle noire qui, contre vents et marrés, est aujourd'hui couronnée comme la championne mondiale de l'athlétisme. Il s'agit de l'énigmatique Tobi Amusan - fière ambassadrice de la race noire, une Nigériane vivant actuellement aux États-Unis, tout près de nous ici au Canada. Quoi de plus, par sa percée sur la scène internationale, Tobi a démontré au monde entier que le Noir n'est plus un esclave, il n'est plus colonisé ou subjugué. Au contraire, il est libéré et célébré, épanoui et réussi.

En guise de conclusion, femme noire, homme noir, un mot pour toi! Tu es célébré. Tu vaux de l'or. Tu es digne. Tu es plein d'espoir et d'exploit, de valeur et de vigueur. T'es capable. Ne te limite pas! Lève-toi! Bouge! Fonce! Avance! Ne quitte pas! Prends ta place et règne avec fierté!

Vive le mois de l'histoire des Noirs!

Par Segun Afolabi, PhD Université de Moncton, campus d'Edmundston



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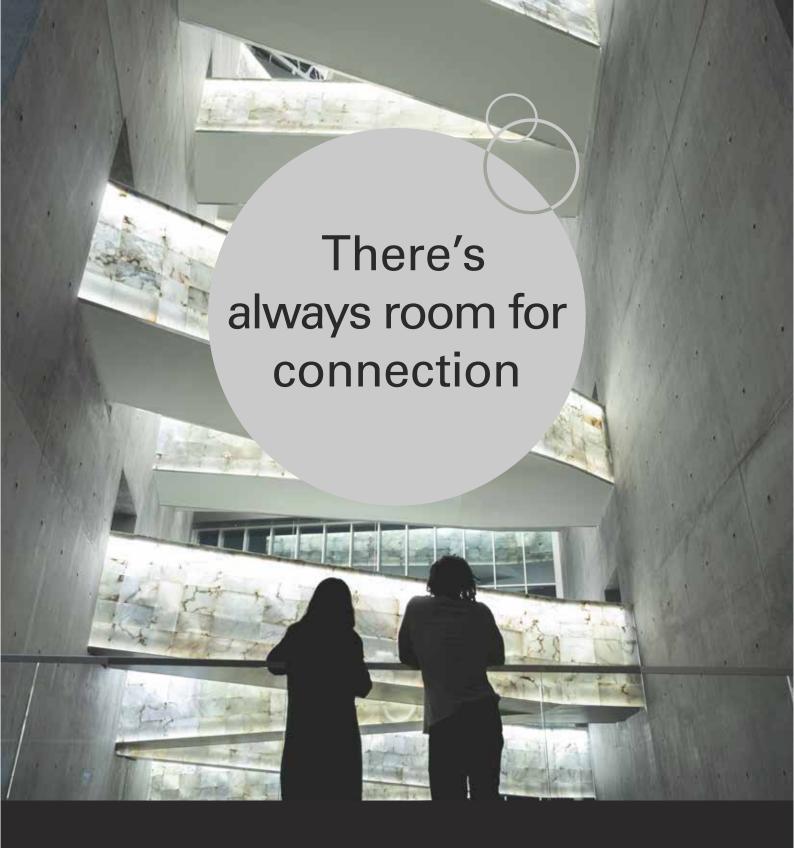
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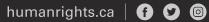
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